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| Year Group | Autumn 1  Me and my relationships | Autumn 2  Valuing Difference | Spring 1  Keeping Safe | Spring 2  Rights and Respect | Summer 1  Being my Best | Summer 2  Growing and Changing |
| EYFS | Scarf  Who can help me? | Scarf  I’m special, your special  Same and different families  Same and different homes | Scarf  What’s safe to go onto my body  Keeping myself safe – what’s safe to go onto my body (including medicines)  Safe indoors and outdoors  Keeping safe online  People who help to keep me safe | Scarf  Looking after my special people  Looking after money (1)  Looking after money (2) | Scarf  Healthy eating 1  Healthy eating 2  Move your body  A good night’s sleep | Scarf  Seasons  Life stages – plants, animals and humans  Life stages – Human life stage  Getting bigger  Me and my body – girls and boys |
| My Happy Mind  Meet Your Brain  3 lessons | My Happy Mind  Celebrate  3 lessons | My Happy Mind  Appreciate  3 lessons | My Happy Mind  Relate  3 lessons | My Happy Mind  Engage  3 lessons |  |
| Year 1 | Scarf  Why we have classroom rules  Good friends  How are you listening? | Scarf  Same or different?  Who are our special people?  Our special people balloons | Scarf  Who can help  What could Harold do?  Good or bad touches?  Sharing pictures | Scarf  Around and about the school  Taking care of something  Harold’s money  How should we look after our money?  Basic First Aid | Scarf  I can eat a rainbow  Eat well  Catch it! Bin it! Kill it!  Harold’s wash and brush up  Inside my wonderful body | Scarf  Taking care of a baby  Then and now  Who can help  Surprises and secrets  Keeping privates private |
| My Happy Mind  Meet Your Brain  5 lessons | My Happy Mind  Celebrate  4 lessons | My Happy Mind  Appreciate  3 lessons | My Happy Mind  Relate  3 lessons | My Happy Mind  Engage  4 lessons |  |
| Year 2 | Scarf  Our ideal classroom 1 and 2  Being a good friend  Types of bullying | Scarf  What makes us who we are?  My special people  When someone is feeling left out | Scarf  How safe would you feel?  I don’t like that!  Fun or not?  Should I tell? | Scarf  Getting on with others  How can we look after our environment?  Harold saves for something special  Harold goes camping  Playing games | Scarf  You can do it!  Harold’s postcard – helping us to keep clean and healthy  What does my body do? | Scarf  A helping hand  Haven’t you grown!  Respecting privacy  My body your body  Some secrets should never be kept |
| My Happy Mind  Meet Your Brain  5 lessons | My Happy Mind  Celebrate  4 lessons | My Happy Mind  Appreciate  3 lessons | My Happy Mind  Relate  4 lessons | My Happy Mind  Engage  4 lessons |  |
| Year 3 | Scarf  My special pet  Tangram team challenge  Looking after our special people  Dan’s dare | Scarf  Family and friends  Respect and challenge  Let’s celebrate our differences  Zeb | Scarf  Danger or risk?  The Risk Robot  Help or harm?  Alcohol and cigarettes: the facts | Scarf  Our helpful volunteers  Helping each other to stay safe  Can Harold afford it?  Earning money | Scarf  Derek cooks dinner  Poorly Harold  I am fantastic | Scarf  Relationship tree  Body space  None of your business!  Secret or surprise?  My changing body  Basic first aid |
| My Happy Mind  Meet Your Brain  5 lessons | My Happy Mind  Celebrate  4 lessons | My Happy Mind  Appreciate  4 lessons | My Happy Mind  Relate  4 lessons | My Happy Mind  Engage  4 lessons |  |
| Year 4 | Scarf  An email from Harold  Human Machines  Different feelings | Scarf  Islands  Friend or acquaintance?  What would I do?  The people we share our world with | Scarf  Danger, risk or hazard?  Picture wise  How dare you!  Medicines  Know the norms  Keeping ourselves safe | Scarf  Who helps us stay healthy and safe?  How do we make a difference?  Harold’s expenses  Why pay taxes? | Scarf  Making choices  Scarf hotel  Basic first aid | Scarf  Moving house  My feelings are all over the place!  All change!  Preparing for changes at puberty  Secret or surprise?  Together |
| My Happy Mind  Meet Your Brain  5 lessons | My Happy Mind  Celebrate  4 lessons | My Happy Mind  Appreciate  4 lessons | My Happy Mind  Relate  4 lessons | My Happy Mind  Engage  4 lessons |  |
| Year 5 | Scarf  Collaboration challenge  How good a friend are you? | Scarf  Happy being me  The land of the red people  Is it true?  Stop, start stereotypes | Scarf  Thinking about habits  Spot bullying  Ella’s diary dilemma  Would you risk it?  Smoking | Scarf  What’s the story?  Fact or opinion?  Mo makes a difference  Rights, respect and duties  Spending wisely  Lend us a fiver! | Scarf  It all adds up!  My school community  Basic first aid | Scarf  How are they feeling?  Taking notice of our feelings  Dear Ash  Growing up and changing bodies  Changing bodies and feelings  Help! I’m a teenager |
| My Happy Mind  Meet Your Brain  5 lessons | My Happy Mind  Celebrate  5 lessons | My Happy Mind  Appreciate  4 lessons | My Happy Mind  Relate  4 lessons | My Happy Mind  Engage  4 lessons |  |
| Year 6 | Scarf  Assertiveness skills  Behave yourself  Don’t force me  Acting appropriately | Scarf  Ok to be different  We have more in common that not  Advertising  Friendships  Boys will be boys? Gender stereotypes | Scarf  Think before you click  To share or not to share?  Rat park  What sort of drug is…?  Drugs: it’s the law!  Alcohol: what is normal? | Scarf  Fakebook friends  What’s it worth?  Happy shoppers – caring for the environment  Democracy in Britain | Scarf  This will be your life!  What’s the risk?  Basic First Aid | Scarf  I look great!  Media manipulation  Pressure online  Helpful or unhelpful?  Is this normal? |
| My Happy Mind  Meet Your Brain  3 lessons | My Happy Mind  Celebrate  2 lessons | My Happy Mind  Appreciate  2 lessons | My Happy Mind  Relate  2 lessons | My Happy Mind  Engage  2 lessons |  |