

Stubbins Primary School

Policy for PSHE



At Stubbins School, children are at the centre of everything we do. We aim to give our children the best possible opportunities and learning experiences, enabling them to reach their full potential. We aim to ensure that the children in our care are equipped for life-long learning as responsible citizens in an ever-changing, diverse local and world-wide community. **We believe that everyone has the capacity to become great if they have the courage to challenge themselves. By nurturing creativity, enjoyment & ambition; this policy supports our responsibility to make this happen.**

Intent

At Stubbins Primary School we believe that teaching and learning in PSHE is crucial for a child's development. Our intent for the PSHE curriculum is to provide our students with a safe and supportive environment where they can develop the knowledge, skills, and attitudes necessary to make healthy choices and become responsible, respectful, and caring members of society.

Our PSHE curriculum aims to:

- Foster a positive and inclusive school culture where diversity is celebrated, and every child feels valued and respected.
- Promote mental health and emotional wellbeing by developing strategies for managing emotions, building resilience and enhancing self-esteem.
- Develop healthy habits and lifestyles by providing information on healthy eating, physical activity and hygiene.
- Equip children with the skills to form positive relationships, communicate effectively and resolve conflicts peacefully.
- Provide age-appropriate education on topics such as relationships and sex education, drugs, alcohol and online safety.

Encourage children to explore and understand their rights and responsibilities as citizens and develop an appreciation for British values.

Implementation

At Stubbins, we follow a scheme of work from SCARF. We recognise the importance of PSHE and we deliver a well-rounded program that meets the needs of our students. Units of work are sequential and allow children to build their skills and knowledge across a unit. Key skills are revisited with increasing complexity to ensure children are able to build on their previous learning.

There is a progression of skills and knowledge taught in each year group. Differentiation and scaffolding are used in all year groups to ensure all children have an opportunity to achieve objectives and enhance their learning.

PSHE is implemented throughout school with age-appropriate lessons to meet the needs of each year group. The topics covered throughout school are me and my relationships, valuing differences, keeping safe, rights and respect, being my best and growing and changing.

The curriculum is delivered using a variety of methods including discussions, debates, role-playing and studying real-life scenarios.

The three main themes taught in PSHE will be relationships, living in the wider world and health and wellbeing. These will be taught in the following topics:

- Me and my relationships. They will learn about a range of emotions and discuss how to deal with these. They will also learn about different relationships and understand that sometimes relationships may change and discuss ways to manage this. Children will also discuss bullying and think about how to deal with a bullying situation.
- Valuing differences. They will learn that everyone is unique and celebrate differences. They will think about communities and discuss who is important in their lives.
- Keeping safe. They will discuss how to stay safe in a range of environments including online. They will think about the people who help to keep them safe. The children will also discuss what it means to be assertive and will be aware of what they need to do if something makes them feel scared or unsafe.

- Rights and respect. They will discuss special people and things in their lives and think about how to look after these. They will discuss environmental issues and think about how everyone can make an impact. Money will also be discussed, and discussions will be had on the importance of money and how to manage it wisely.
- Being my best. This topic focuses on staying healthy. The children will learn the importance of exercise, diet and sleep. They will think about what the body does and does not need. Basic first aid will also be covered.
- Growing and changing. In this topic the children discuss changes which may happen in their lives (moving house or moving school for example) and how to deal with this. The children will also be learning about how their body and emotions will change as they grow older.

The program will be regularly reviewed and evaluated to ensure it remains up to date, relevant and takes into account and changes to the curriculum or guidance.

Impact

Our curriculum is designed to enable PSHE to have a significant impact on the wellbeing of students at Stubbins Primary School and it will enable them to discuss their thoughts and feelings in a safe space without any concerns.

Assessment

Stubbins uses assessment to enable staff to understand what pupils have learnt before, what they need to learn now and what they will learn next. The impact of our PSHE curriculum is monitored through formative assessment.

Formative assessment

Assessment is ongoing and will be used to inform teachers in relation to their planning, lesson activities and differentiation.

Marking

Children receive regular feedback and Stubbins marking follows the school's marking and feedback policy.

Inclusion

Teachers set high expectations for all pupils in PSHE. They will use appropriate assessment to set ambitious targets and plan challenging work for all groups, including:

- More able pupils
- Pupils with low prior attainment
- Pupils from disadvantaged backgrounds
- Pupils with special educational needs (SEN)
- Pupils with English as an additional language (EAL)

Lessons will be planned to ensure that there are no barriers to every pupil achieving. Teachers will plan lessons so pupils with SEN and/or disabilities can study PSHE, wherever possible, and ensure that there are no barriers to every pupil achieving. Teachers will also take account of the needs of pupils whose first language is not English. Lessons will be planned so that teaching opportunities help pupils to develop their skills and support will be planned where needed for children to be able to take part in PSHE.

Cross Curricular links

(Here is an example using history, delete and adapt as required for your subject)

History shares links with the following subjects:

- English: read a range of stories with morals and learn from them
- RE: learn about a range of religions and how they live their lives
- ICT: use of the internet for research and iPads to complete activities

Links to other policies

This subject policy links to the following policies and procedures:

- Curriculum policy

- Assessment policy
- Marking policy
- SEND policy

Signed: <i>M. Murtaugh</i>	Signed: Pending governor approval
Subject Leader's name: Michael Murtaugh	Governor link name: Emma Smith
Date: May 2023	Proposed Review date: May 2026