# Stubbins Primary School Policy For Anti-Bullying



At Stubbins School, children are at the centre of everything we do.

We aim to give our children the best possible opportunities and learning experiences, enabling them to reach their full potential. We aim to ensure that the children in our care are equipped for life-long learning as responsible citizens in an ever-changing, diverse local and world-wide community.

We believe that everyone has the capacity to become great if they have the courage to challenge themselves. By nurturing creativity, enjoyment & ambition; this policy supports our responsibility to make this happen.

Signed:	Signed:
Mrs C Rawcliffe	Pending governor approval
	On behalf of the Governing Body
Head Teachers name:	Chair of Governors name:
Mrs C Rawcliffe	Mr M Dunkin
Date: May 2023	Proposed Review date: May 2024

At Stubbins Primary School we aim to provide a caring and secure environment for all of our school family.

## **Definition of bullying**

Bullying is behaviour which *deliberately* makes another person feel uncomfortable, distressed or threatened and is *repeated* over time. It can make those being bullied feel powerless to defend themselves.

## Why are we against bullying?

We firmly believe in the principles of the "Every Child Matters" agenda and we acknowledge that:

- everyone has the right to feel welcome, secure and happy
- we should treat everyone with consideration
- it is important to tell someone if bullying is taking place
- if bullying happens, it will be dealt with quickly and effectively
- bullying of any kind is unacceptable in our school

## Types of bullying

- Emotional e.g. being unfriendly, excluding, tormenting, threatening behaviour
- Verbal e.g. name calling, sarcasm, spreading rumours, teasing
- Physical e.g. pushing, kicking, hitting, punching or any use of violence
- Extortion e.g. demanding money / goods with threats
- Cyber e.g. misuse of all areas of technology to cause harm
- Racist e.g. racial taunts, graffiti, gestures
- Sexual e.g. unwanted physical contact, sexually abusive comments
- Homophobic e.g. because of or focusing on the issue of sexuality

## Indicators of bullying

A person may indicate behaviours that they are being bullied. A list of possible signs is included in **Appendix A**.

## **Preventing bullying**

Our whole school family has a responsibility to foster a clear understanding of what bullying is and that is not acceptable in any form. At Stubbins Primary School we do this by:

- developing and reviewing an effective anti-bullying policy and practice
- building positive relationships so that all children feel safe to share concerns with an adult in school
- providing regular staff development work
- planning regular work, through the PSHE / SMSC curriculum, which develops empathy and emotional intelligence
- planning in regular work which focuses on the themes of anti-bullying e.g. activities during the Anti-bullying Week, Online Safety Week
- planning in regular work on Online Safety through the Computing curriculum

## Responding to bullying

It is important to respond promptly and effectively to reported incidents of bullying. Noone deserves to be a victim of bullying and everybody has the right to feel happy and safe in school. Cyber bullying is particularly invasive as mobile devices mean that children may experience this wherever they have access to the internet.

We will respond to bullying by:

- following our school behaviour policy
- treating seriously any reported incidents
- recording any concerns
- having in place a detailed procedure for dealing with reported incidents of bullying (see Appendix B)
- following up incidents after a set period of time
- · keeping records whilst the child remains at the school

Please also see the school's Behaviour Policy.

#### Support agencies

There are a number of agencies who can support the teaching of the anti-bullying theme in school and who can offer support to staff and children.

A list is included in **Appendix C**.

#### Monitoring and review

It is the responsibility of the Head Teacher to monitor the day-to-day implementation of this policy.

## Appendix A

## The child:

- is frightened of walking to / from school
- changes route to school asks to be driven instead of walking
- makes changes to their usual routine
- is unwilling to come to school
- begins to truant
- becomes withdrawn, anxious or lacking in confidence
- becomes aggressive, abusive, disruptive or unreasonable
- starts to stammer
- threatens or attempts suicide
- threatens or attempts to self harm
- threatens or attempts to run away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- performance in school work begins to drop
- comes home with clothes torn, property damaged or "missing"
- asks for money or starts stealing money
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home "starving"
- bullies others
- has changes in eating habits
- is frightened to say what is wrong
- is afraid to use the internet or mobile phone
- is nervous or jumpy when a cyber-message is received
- gives an improbable excuse for their behaviour

## Appendix B

## Procedure for dealing with reported incidents of bullying

- 1. Initially, any incidents of bullying should be reported to the child's class teacher.
- 2. The "victim" will meet with the class teacher who will note down the alleged incidents.
- 3. The class teacher will meet with the "perpetrator" and discuss the incidents and note down the response.
- 4. If appropriate, the "victim" and "perpetrator" will meet jointly with the class teacher to discuss possible ways forward.
- 5. Details of the alleged incidents, together with a summary of the discussions, are recorded on **CPOMS**.
- 6. Parents of both parties will be informed by the class teacher.
- 7. The situation will be reviewed by the class teacher after a week and then after a month.
- 8. Details of this review will be recorded on CPOMS.
- **9.** If the incidents continue or worsen, the head teacher will then interview all parties and record this on **CPOMS**.
- 11. The head teacher will meet with parents and agree actions to be taken (recorded on **CPOMS**).
- 12. The head teacher will review the situation after a week and then after a month.
- 13. Details of the reviews will be recorded on CPOMS.
- 14. Incidents of bullying will be reported to the Governing Body on a termly basis.
- 15. Any further sanctions will be in accordance with our Behaviour Policy.

## **Support Agencies**

Local Authority Education Health and Wellbeing Team 01257 226900

Anti – bullying alliance <u>www.antibullyingalliance.org.uk</u>

Kidscape <u>www.kidscape.org.uk</u>

Childline <u>www.childline.org.uk</u> 0800 1111

Bullying online <u>www.bullying.co.uk</u>

Parentline plus <u>www.parentlineplus.org.uk</u> 0808 800 2222